

MEATBALLS

- minced beef
- pitted green olives
- parsley
- clove garlic
- breadcrumbs
- seed oil

Pour the green olives, the parsley and the garlic into the blender. Mince well and then add the minced meat. Blend again, until combined, and make some small balls. Soak in the stirred egg, then in breadcrumbs. Heat the oil and fry them until they are golden. Serve on a plate with paper underneath to absorb the extra oil.

