

Happy smoothie



BY YULIA GUTSULYAK

INGREDIENTS



- 1 banana
- 1/2 avocado
- 1/2 lime, only juice
- 1 kiwi, optional
- 400ml milk

METHOD



Put all the ingredients into a blender with milk, add the lime juice and mix well for about 3 minutes. Pour all in a glass and decorate with straws and kiwi rounds.

