

BY MONDINI MICHELLE

INGREDIENTS

coconut yogurt 100ml milk 50ml coffee 1 cup apple 1/4 honey 1 teaspoon almonds 3 shelled biscuits 2

DIRECTIONS

1- Start by crumbling two cookies of your choice and mincing a couple of amonds and setting them aside.

2- Peel a quarter an apple and cut it into cubes.

3- Prepare a cup of coffee. 4- Combine the yogurt, milk, coffee and honey in the blender and blend until it forms a frothy mixture.

5- Pour the liquid into a glass and garnish with chopped biscuits and chopped almonds.